

Allergens / Food Restrictions

IMPORTANT INFORMATION – PLEASE COMPLETE THE FOLLOWING

This form is to be completed by the primary caregiver of attending students, or by visiting adults in respect of themselves, who have specific dietary requirements related to the following ingredients which are included in the Birrigai Biscuits for morning tea and seasonal fruits for afternoon tea that include citrus.

- Rolled Oats
- Self-Raising Flour
- Sugar
- Coconut
- Margarine (Non Dairy)
- Soy
- Golden Syrup
- Citrus

For school students, the need for this form to be completed and returned will have been noted in the information provided on the *Medical Information and Consent* form issued by the school. **This form is to be returned directly to the student's school along with other documentation requested by the school.**

A copy of this form will be given to the Birrigai Team who will use the information provided to ensure all specific dietary needs are met.

NOTE: BIRRIGAI IS A NUT FREE ENVIRONMENT

NAME OF STUDENT / INDIVIDUAL

SCHOOL / GROUP

DATE ATTENDING BIRRIGAI

Name of person completing form

Signature

Date completed

PART A – FOOD ALLERGIES AND ANAPHYLAXIS

PLEASE PLACE AN [X] WHERE RELEVANT.

| Food Item | Allergy | Anaphylaxis | Allergen Details / Other Comments |
|---|------------------------------|--|-----------------------------------|
| Gluten (Rolled Oats and Self-Raising Flour) | Yes <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | |
| Sugar / Golden Syrup | Yes <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | |
| Coconut | Yes <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | |
| Margarine | Yes <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | |
| Soy | Yes <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | |
| Citrus | Yes <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | |