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| Children's Education and Care Assurance | | |
| 20 March 2020  **COVID-19 information and resources for ACT education and care services**  CECA would like to reassure you that the Education Directorate continues to work closely with ACT Health, other states and territories and the Commonwealth Government to manage the spread of the virus.  The ACT Government is recommending, based on health advice and consistent with other states and territories, that education and care services and schools remain open for the foreseeable future.  **Educators making a difference**  In the ACT, we’re lucky to have an incredible network of dedicated and passionate educators working within our community who over recent months have proven their commitment to education and care even when facing challenging times.  **Your health and wellbeing**  CECA understand COVID-19 is on everyone’s minds, with concerns about what it will mean for our families, friends, and how it will affect our jobs and lives. It is important that providers, service leaders and educators invest in strategies to support health and wellbeing.  **Be You – Essentials and Educator Wellbeing**  [Be You](https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbeyou.edu.au%2F&data=02%7C01%7C%7Ca07c539063ea4706ade108d7ca0462e4%7Cb46c190803344236b978585ee88e4199%7C0%7C0%7C637199992501230538&sdata=ER1996u%2B7t8oLDS6ukjXs0G4mLZnxsSu1Gd2MzWaBOI%3D&reserved=0) is a national mental health initiative which aims to grow a mentally healthy generation of Australians. Key information related to a whole-learning-community approach can be used to support you and your team during COVID-19.  **ACT Health mental health and wellbeing resources**  ACT Health have many [resources](https://www.health.act.gov.au/about-our-health-system/novel-coronavirus-covid-19/mental-health-and-wellbeing) are available for anyone who is feeling anxious or concerned about COVID-19.  Maintaining a healthy mental outlook during the COVID-19 pandemic is equally as important as taking physical measures to stop the spread of the virus ACT If you or someone you know is feeling anxious or concerned about COVID-19.  **Information for ACT Education and Care Services**  Please find attached a letter from CECA’s Senior Director Clare Brookes. This includes information about COVID-19 for providers, service leaders and educators.  For enquires in relation to this notification please call CECA on (02) 6207 1114 or email [CECA@act.gov.au](mailto:CECA@act.gov.au)  This email has been authorised by the ACT Regulatory Authority (CECA). CECA are responsible for administering the National Quality Framework within the ACT. | | |

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